



QUESTIONNAIRE FOR CELIAC DISEASE SCREENING

Below is a 15 question screening tool to help identify if your child is at high risk for celiac disease. It takes less than 5 minutes to complete and score but can make a lifetime of difference in the health of your child and your family's quality of life. For each question and answer, circle the answer and use the corresponding point value. Tally at the end for score. This should be filled out by a parent or concerned party.

Age: _____

Sex: _____

Please tell us how often your child has any of the following by circling the best answer.

Each of the following statements should begin with "Does your child have ...? "

Scoring: Never=1; Seldom= 2; Frequent=3; A Lot=4; Don't Know=0; No=1; Yes=2

Abdominal pain, gas or bloating? (STOMACH)

Never Seldom Frequent A Lot Don't Know

Diarrhea, constipation, vomiting or nausea? (INTESTINAL)

Never Seldom Frequent A Lot Don't Know

Allergies or asthma? (ALLERGIES)

Never Seldom Frequent A Lot Don't Know

Short stature, growth delay, or weight loss? (GROWTH)

Never Seldom Frequent A Lot Don't Know

Fatigue, weakness, anemia or other nutrient deficiencies? (ANEMIA)

Never Seldom Frequent A Lot Don't Know

Unexplained mood swings, depression, anxiety or stress? (MENTAL)

Never Seldom Frequent A Lot Don't Know

Unexplained headaches, joint aches or body aches? (ACHES)

Never Seldom Frequent A Lot Don't Know

Dental enamel defects (vertical or horizontal grooves in permanent teeth that are chalky white) or recurring canker sores in mouth? (MOUTH)

Never Seldom Frequent A Lot Don't Know

Skin rashes such as eczema, psoriasis, or dermatitis herpetiformis (itchy, blistering skin) (SKIN)

Never Seldom Frequent A Lot Don't Know

Any autoimmune syndrome such as IgA deficiency or autoimmune thyroiditis (AUTOIMMUNE)

No Yes Don't Know

Type I diabetes (DIABETES)

No Yes Don't Know

Down's syndrome, Turner's syndrome, or William's syndrome (SYNDROME)

No Yes Don't Know

Autism, hyperactivity, learning disabilities or attention deficit disorder (COGNITIVE)

No Yes Don't Know

A first degree relative with diagnosed celiac disease (RELATIVE)

No Yes Don't Know

Higher than normal absenteeism due to sickness (more than 15 days) (ABSENTEEISM)

No Yes Don't Know

Scoring:

A score greater than 24 indicates a child at high risk for celiac disease.

Categories in parentheses indicates factors for risk. For example abdominal pain, gas or bloating correlate to stomach symptoms

Total Score: _____

Used with permission - Claudia Pillow, PhD 8/2014



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